



In 480 BC, Hippocrates noted that "positive health requires knowledge of man's primary constitution". This was just an ancient way of saying that we cannot achieve optimum health without knowing about our genes. We now know that specific variations in our genes can explain how we will respond to the foods, beverages and supplements we consume.

Learn how your genes can affect:

Cardio-Nutrient metabolic Metabolism Health Weight Food Eating Habits Intolerances Management Physical Injury Risk Activity

- Comprehensive genetic test for plant-based diets consisting of 70 genetic markers.
- Developed by world-renowned researchers.
- Genetic tests are based on the most robust scientific evidence.
- DNA is analyzed using a simple saliva or cheek swab sample.
- Personalized recommendations developed based on your unique genetic profile.
- Contact your healthcare provider to get started and eat according to your genes!

To learn more about Nutrigenomix® contact:







